

Steps of rheumatic fever

Kids tell your parents or an adult if you have a sore throat



Adults look for the signs of a sore throat

- hard to swallow
- trouble eating or drinking

Sore throat

Sore throat checked

Go to doctor or nurse straight away to get every sore throat checked.



Sore throat is 'strep throat' (caused by bacterial infection or bug called Group A Streptococcus).



'Strep throat' is treated - take antibiotics for 10 days. It's important to finish all the antibiotics.



Stops 'strep throat' and rheumatic fever.

Healthy and active with strong heart



Sore throats not checked

Don't go to the doctor or nurse to get sore throat checked, stay unwell.



Sore throat could be 'strep throat'.

'Strep throat' not treated with medicine (antibiotics).

Rheumatic fever could develop.

Get very sick from rheumatic fever - tiredness, sore and swollen joints (knees, elbows, ankles and wrists).

Unwell and tired with serious heart problems - rheumatic heart disease

