

Evening

We really appreciate how you are all responding to what are very uncertain times. Unfortunately, the situation is going to remain uncertain for some time yet. Postgate School remains open for all children and will remain so until instructed otherwise.

If you or your child are unwell or displaying any cold or flu-like symptoms, a cough, high temperature or shortness of breath please do not send your child to school.

We ask if your child could please bring their own drink bottle to school. Children can fill up their bottles from the staffroom. We want to reduce the number of students drinking from the fountains to zero. We will be looking to turn off the drinking fountains in the very near future.

Unite against COVID-19

This website has everything you need to know about COVID-19 in one place. Learn the simple steps you can take to unite against the virus and slow its spread. Find out what help is available and get the latest updates. <https://covid19.govt.nz>

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Vulnerable people

Information about who is considered vulnerable has been **updated today** on the [COVID-19.govt.nz](https://covid19.govt.nz) website and is as follows:

At-risk people include:

Those over 70: *Older people often have underlying health issues, including respiratory issues that make them more vulnerable to COVID-19.*

People with medical conditions: *Underlying medical conditions can make you more vulnerable to COVID-19. In particular, people with respiratory conditions such as COPD (Chronic Obstructive Pulmonary Disease), heart conditions, high blood pressure, kidney problems, and diabetes.*

People undergoing a treatment for cancer and blood conditions: *As treatments for cancer and blood conditions affect people's immune systems, this makes them more vulnerable to COVID-19.*

Pregnant women: *Health experts do not yet know if pregnant women are impacted by COVID-19 in the same way as other people. However, pregnant women experience changes in their bodies that may increase their risk from some infections.*

People without easy access to healthcare

We will continue to keep in touch and update you with information in regards to this situation and all developments with regards to COVID-19 via email, Seesaw and on our website.

If you need any help or support, please let us know.

Mā tātau katoa e ārai atu te.

"Ma te mahi ngatahi, ka tu pakari te matauranga"

"Together, We Learn and Achieve"

Ehara taku toa i te toa takitahi Engari, he toa takitini;

Success is not the work of one, but the work of many

Nga mihi

Adam Campbell

Principal

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