

Term 1 2022 Calendar

7	14 Assessment Week	15	16 Subway lunch	17	18
8	21	22	23 Subway lunch	24	25
9	28	29	30 Subway lunch	31	April 1
10	4 BOT Meeting 6pm	5	6 Subway lunch	7	8
11	11	12	13 Subway lunch	14 Last Day of Term 1 Family Merit Assembly	15 Easter Friday

Term Dates 2022

Term 1 Wednesday 2 February to Thursday April 14
Easter/ANZAC Day is during the holiday break

Term 2 Monday 2 May to Friday July 8
(Queen's Birthday Monday June 6- Public Holiday)
(Matariki – Public holiday – Friday 24 June)

Term 3 Monday July 25 to Friday October 30

Term 4 Monday October 17 to Thursday December 15
(Labour Day – Monday 24 October- Public Holiday)

There is a 'Teacher Only Day' scheduled during Term 2 for Friday 3rd June; however, this may change. All of the Northern Porirua schools, including Aotea College, will be closed on this day.

Cohort Dates 2022:

Term 1 = 2nd February and 7th March

Term 2 = 2nd May and 7th June

Term 3 = 25th July and 29th August

Term 4 = 17th October and 14th November



Postgate School Newsletter

Term 1: Week 7 2022

Mission Statement

To Create Life-Long Learners

"Kindness begins with the understanding that we all struggle"

- Charles Glassman

Supporting statement:

We will promote life-long learning in our children by developing their social, intellectual, emotional and physical skills in a creative and caring environment.



"Together, We Learn and Achieve"

*"Ma te mahi ngatahi,
ka tu pakari te matauranga"*

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March 14, 2022

Kia ora e te whanau

Two years ago, we were heading into a national lockdown. From all reports, the 10 days, now 7, of the current isolation seem tougher. Having to isolate while everyone else carries on is one heck of a mental battle. In these times it is vital we get out for a walk (away from others), go to open fields to play with our children (away from others) and get some sun, when it is out. You are allowed to get in your car and go for a drive.

Remember, open windows in your house for good ventilation,

The current experience is similar to people who had to go through MIQ, which was a tough period for people.

A reminder that all students should be at school now. Unless, you are a household contact of someone who has COVID or they have COVID.

Students and staff whose Day 0 was before and including Sunday 6 March may return to school from Monday 14 March provided they

- Have no symptoms
- If a household contact, have tested negative on Days 3 and 7

All other students and staff isolating from Monday 7 March can return to school on their Day 8 which is Tuesday 15th March. Any families/students isolating before this date, that is Sunday 6 March, should be back at school on Monday 14 March.

Household contacts are required to:

- Isolate for 7 days.
- Test on Day 3 and Day 7
- Can return from isolation on Day 8 if symptom-free and both tests were negative

If a household contact returns a positive result on Day 3 or 7, they are required to isolate for 7 days from that point. The rest of the household are free to live their life again.

More information on Household contacts is available [here](#)

Positive cases will be required to:

- Isolate for 7 days
- Day 0 is the day symptoms began or the day the test was taken (whichever came first).
- Cases will isolate for a full seven days and are free to return to normal activities on Day 8, if they are not symptomatic.

- As advised by the Ministry of Health *“You do not need to be retested. If you were, the result would likely show as positive but that does not mean you are infectious.”*
- Recovered cases no longer need to self-isolate if they become a household contact within 90 days after having the virus. This is an increase from the current 28 days.

More information on what to do if you test positive is available [here](#).

Movin’ March: Movin’ March has started and it was great to see so many children getting their cards stamped in the mornings. We are encouraging students to walk, run, bike, scooter to school as much as possible. Each day get your card stamped by students out the back of Room 9, by the bike track, and once it is completed you will get a prize!

Technology Classes at Plimmerton School: Our Year 7 and Year 8 technology classes at Plimmerton have been cancelled for this week due to COVID.

Porirua City Football Club is taking registrations for the 2022 football season for all junior grades, all skill levels, boys and girls, First Kicks (5 & 6s), and upwards. Register your interest with Steve on email poriruacityfootballclub@gmail.com

Porirua City Football will be running its Junior Sunday programme at Postgate School again. When registering, please let them know you are from Postgate School to receive a small discount off your subs.

Should families be concerned about this approach? It is natural to be worried. For the past two years and a bit we have heard how bad this virus is. The main reason for us being fearful is that we know very few, if any people, who have had COVID. Our view has been through what we have seen on TV or heard. Research tells us that the more people you know who have had COVID, the less worried/fearful you are. It does affect people differently.

Thanking you for your support.

Maururu kotahi ano koutou mo to koutoa tautoko o Postgate School.